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Inclusive Development through Sport ; *UNDOKAI* ~ the case in Senegal

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2. General overview of JICA Volunteer Program (JOCV)



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FACTS and FIGURES of JOCV

As of August. 2018



About **52,000** volunteers
have been dispatched to **96** countries so far

About **2,500** volunteers
are on mission in **77** countries currently



About **53%** are **Women**

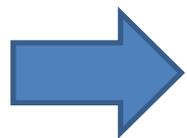
JOCVs serve in fields of
Education, Health, Agriculture,
Sports, Social Welfare Services, etc.



4,181
Volunteers
(Education, Sports)

UNDOKAI encourages...

- ① Social Participation for **Girls and Children with Disabilities** through Sports.
- ② Improvement of **Social Skills**; self-confidence, respect others, dignity, bond of solidarity between children, etc.



Flexible and multipurpose approach
(Applicable in developing countries)



The power of **SPORT** =Human Resource Development

Sports has a great influence on the lives of children.

- Spirit of dignity towards people, ability to encourage participation of socially vulnerable people.
- Ability to involve many children and build strong solidarity.



4-1. What is UNDOKAI ~ Purpose



To foster 'power to live'

(Japanese Educational Guidelines)

➤ **Inclusion**

program has to be composed to be participated by and enjoyable for all the students including girls, children with disabilities, and children who are not good at sports.

➤ **Improvement of Social Skills**

Education to cultivate mind to respect others and sense of solidarity.



4-2. What is UNDOKAI ~ Uniqueness



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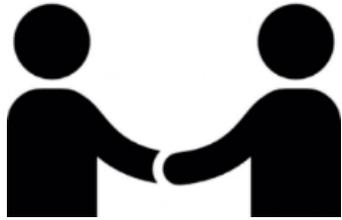
- ◆ The Comprehensive **Sports Festival** composed of athletics, games, dancing, and recreation.

- ◆ **School Event**

- ◆ **Full Participation**



5. Senegal and JOCV



since 1980

1,065 JOCVs

has been working at Educational sites

- extremely **few opportunities** to play sports for **girls** and **children with disabilities**
- The students has not known fun of sports because of **no opportunity to play sports**
- Teachers cannot understand the **benefit of Physical Education**
- therefore **don't know how to conduct** the physical education classes.



JOCV proposed to hold **UNDOKAI**

6-1. What JOCVs did?



1. To introduce UNDOKAI

Target : Principal of the school, Teachers,
Local Government, Parents' Association

Tools : Videos of UNDOKAI in Japan



2. To co-create programs

Redesign to integrate Senegal's culture and
customs



6-2. What JOCVs did?



3. Implementation of UNDOKAI

in May 2017



800 Students
(6~11years old)

20 Teachers

70 Teachers Trainees



200 Guests
(Family,
Administrative Officials)

20 JOCVs



6-3. What JOCVs did?



6-4. What JOCVs did?



4. To **Evaluate, Analyze, and Share** what they learned with the local teachers.

➔ Got understanding of the significance of **Physical Education.**

➔ The school holds UNDOKAI repeatedly.

Spirals Up





1. For Students

a. Participation of Girls,
Children with Disabilities to
UNDOKAI

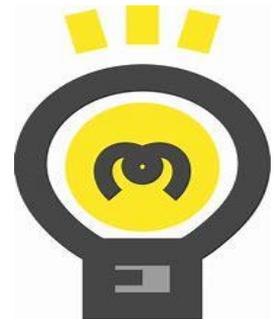
b. Improvement of Social Skills





2. For Teachers / School / Administrative

- a. Recognized significance of Physical Education
- b. Replicated UNDOKAI at their schools
- c. Spread holding UNDOKAI to other regions



8. Conclusion

UNDOKAI could be an effective approach
to **involve marginalized students**,
and to **foster Social Skills** of children
In both Japan and developing countries.



➤ **What make this UNDOKAI success**

UNDOKAI was the opportunity that children could participate in with what they could do (not only playing sports), and children could demonstrate what they were good at.

Thus, UNDOKAI promoted sense of respect for others, and that improved self-confidence and bond of solidarity among children.

As a result, UNDOKAI brought inclusion of girls and children with disability, and improvement of social skills of children.

➤ **A key of localization**

Not only co-create programs, JOCVs evaluated and analyzed the process and result of UNDOKAI, and shared what they learned with local teachers afterward.

It brought solid understanding of meanings of holding UNDOKAI for local teachers, and drove teachers and school to replicated it by themselves.

10. Discussion Question

1. How can we make this program more effective and diversified ?
2. What points should we keep in mind when we introduce UNDOKAI into local schools in host countries, and what can be a key of localization?

